

**Adult Services Committee Meeting  
Mental Health Planning Council**

**Date: 5-14-03      Time: 11:30 a.m.**

**Present:**      **Brian Parrish**  
                 **Linda Edwards**  
                 **Dana Traynham**  
                 **Sharon Koehler**  
                 **Mary Kaye Johnston**  
                 **Bill Yolton**  
                 **Ray Bridle**  
                 **Kathy McDonald**  
                 **Charlene Davidson, DMHMRSAS**  
                 **Ann Cutshall**

**Absent:**      **Jack Wood**  
                 **Beverly Ball**  
                 **Cynthia Power**  
                 **Joe Spiedel**  
                 **John Agler**  
                 **Nancy Ward**

**Meeting Agenda – Main Points Discussed**

**Select a Recorder to take Minutes**

1. Sherry Rose was nominated and invited to be on both the Adult and Youth/Adolescent Committee.
2. The committee agreed to the purchase of a desk and tape recorder to be used not only for this committee's meetings, but also for the Mental Health Planning Council needs.
3. Sharon Koehler suggested working on the committee worksheet for employment.

**Select a Chair and Alternate**

1. Jack Wood was nominated as committee chair and Brian Parrish as co-chair. Mr. Parrish was unsure how long he would be able to participate as co-chair.

**Comprehensive Plan**

1. Bill Yolton addressed the comprehensive plan concerned with legislation, mental health law courts and federal funding. Mr. Yolton spoke of the programs already in place where the CSB trains consumers and then offers employment. Evidently, the employment piece is not working out as planned. Could the \$800,000 be utilized in the development of employment opportunities?

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### **Services for the Homeless or those Incarcerated**

1. Bill Yolton pointed out to the committee that teaching programs in the Commonwealth of Virginia for teaching the incarcerated. Discussion ensued on what are the best practices. The committee agreed the answer is in working as a team.

### **Strengths and Examples of Exemplary Local Services**

1. Sharon Koehler stated that going to the CSB and delivering feedback to be combined with data and monitoring is strength.
2. Concerns discussed included the growing geriatric population as well as the need for housing.

### **Housing**

1. Charlene Davidson stated the Adult Committee is looking at the leftover \$800,000 budget funds and how they can best be used.

### **Services to Support Rehabilitation, Recovery and Self Sufficiency**

1. The committee agreed to support further development for services to support Rehabilitation, Recovery and Self Sufficiency.

### **Treatment of Coexisting Conditions**

1. The committee agreed to support the further development for treatment of coexisting conditions: substance abuse, developmental disability, physical disability, HIV-AIDs, and conditions of the elderly.

### **Best Practices**

1. Sharon Koehler suggested that the committee sponsor one topic for the conference. Someone needs to write a proposal for the conference discussing consumers and service providers. Linda Edwards, Charlene Davidson, Sharon Koehler and Kathy McDonald will work together on the proposal. At this time, the committee has 1.5 months to complete the proposal.
2. Dana Traynham pointed out to the group that it is crucial to have consumer panels, self-identifiable covering all disabilities as appropriate.

### **Use of Council Funds**

1. Ray Bridge asked for suggestions on how the Mental Health Planning Council can best use the \$20,000 funds. It was suggested that the committee get as many other agencies to help facilitate the conference. All the non-profit agencies, HR office and Catawba Hospital, Western State Hospital, MHAV Council, CILs, FFCMH, PACCT, NAMI, VAMI, Protection Advocacy, CEO, CHADD, MADD, VACSB, DMAS, and Department of Education should all participate together.

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### Conclusion

1. Brian Parrish pointed out to the committee that the Treatment of Coexisting Conditions, Services to Support Rehabilitation, Recovery and Self Sufficiency and Services for the Homeless or Incarcerated must also be considered.
2. Charlene Davidson suggested that the committee prioritize issues in the following order: a) Proposal, b) Human Rights Training, c) Consumer Training of consumer staff CERT. With white paperwork being completed on all as soon as possible.
3. Bill Yolton stated the committee needs to immediately back-up Inspector General Anita Everett by sending a letter of endorsement to the Governor from the MHPC.
4. Charlene Davidson suggested that by the end of June, we should hire consumer staff to monitor community programs.

### Miscellaneous

1. Bill Yolton suggested that everyone review, **The Power of Procovery in Healing Mental Health Illness** by Kathleen Crowley.
2. Brian Parrish asked the committee to keep in mind VOCAL, the only consumer run program still needs start up funds for maintenances and assistance in reaching statewide communities so every CSB has a drop-in center or some start consumer run program.

### Next Meeting

1. Meet on August 15, 2003 from 10:30 a.m. – 12:30 p.m.

### Suggested Agenda Items

1. Reinvestment Plan
2. Six-year Comprehensive Plan (State)
3. Partnership Plan
4. Review Implementation Plan
5. Olmstead
6. Budget
7. \$20,000 Block Grant

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